

Stir a Memory Project

<http://stirmemory.org/>

Krina Patel, a community artist and educator, offers Stir a Memory workshops in community settings. She engages participants – elders, teachers, children, and others—in sharing specific food memories, revealing multi-layered meanings and calling up vivid details. Each participant illustrates a food memory on a postcard then shares it with the group. For samples of these postcards and free postcard templates, check out her website listed above. Her activity is highly suitable to ABE and ESOL classes because it involves self-choice, does not require a high literacy level, and promotes a sense of community among multi-cultural groups. Here's a sample from our fall Institute, where Krina engaged the participants in stirring their memories.

